

WELLAND SENIORS' FORUM

Newsletter No 76

February 2019

Hello Everyone

Next Meeting

Our next meeting will be held on Tuesday, 19th March at the United Reformed Church Hall, Pinchbeck Road, Spalding at the usual time of 2pm to 4pm. We have just one speaker, Isabel Wyatt from the Red Cross. She is going to talk to us about first aid and will advise us on basic procedures should we need to administer first aid to family members etc. Many of you may well have done first aid courses in the past but methods have changed and we never know when we might need that information.

Last Meeting

Thank you to those who came to the meeting on 20th November. Unfortunately Maddie West from Wellbeing was unable to attend but Tony Dimmock from LIVES gave us an insight into what their volunteers do working alongside the Ambulance service. Nearly 21,000 patients in Lincolnshire were seen by a LIVES responder in 2017/2018 and in 80% of 999 calls the first responder was the first on the scene. A donation of £50 was made to LIVES. Amanda Wilson from Age UK Lincoln and South Lincolnshire stood in at short notice to tell us about the services they provide for older people including gardening. For further information please ring [01205 355356](tel:01205355356). If anyone is interested in knitting bobble hats for Innocent Smoothies, please ring [01205 364161](tel:01205364161) for the pattern!

Christmas Lunch

Our Christmas lunch was well attended and we enjoyed an excellent buffet provided by the ladies of the United Reformed church with entertainment from Trevor.

Scams

I regularly receive emails from the Police giving details of various scams that are around – about emails or phone calls from someone purporting to be from a government agency or bank and requesting bank details etc for various reasons. Please ignore all such requests as the various agencies would never ask in this way.

Locking Cooker Valve

If you know anyone who is caring for or knows someone who has dementia or autism, there is a free service available to fit a valve to their cooker to stop the flow of gas – this is easily adjusted by the carer with a key. Please ring Cadent on [0345 835 1111](tel:03458351111) or cadentgas.com/lcv.

I do hope you can make it for the meeting on 19th March but please do not hesitate to get in touch if you have any other concerns. Please encourage your friends and neighbours, especially those who are alone, to come to our meetings. Please let me know if you no longer wish to receive this newsletter or if you have an email address as this will save on postage.

Kind regards
Maureen Scantlebury

Welland Seniors' Forum, Chair

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