

WELLAND SENIORS FORUM

Newsletter No 103

May 2025

Hello everyone and welcome to our new members.

Next Meeting

Our next meeting will be held on Tuesday, 20th May at 2pm at the United Reformed Church Hall, Pinchbeck Road, PE11 1QD. We have Nick Worth, Leader of the South Holland District Council coming to talk to us about the district and about the future plans for the area. He will also answer any questions you may have. Please let me know before the meeting of any questions you would like to put to Nick. Please contact me on the telephone no or email address below.

Last Meeting

At our last meeting we were provided with exercise from Roseanna from Adult Move. Everybody was very entertained and enjoyed it. We then heard from Jo Ireland who is a Community Connector based at Tonic Health. Her aim is to improve local mental health services by supporting people to stay well in their own homes. This is done by signposting where needed to support a healthier population, reduce impact on primary and secondary care services eg depressed, lonely, anxiety, long term illness.

Summer Outing

Our summer outing this year will be on Tuesday, 17th June. At the meeting on 18th March the members voted our destination will be Stratford upon Avon. For members the cost will be £3 but for any guest it will be £15. The coach will leave Spalding Bus Station at 8.30 and return at approx 6.30-7.00. We will stop for a comfort break at Rugby Services. Please see me at the meeting to add your name to the list together with payment. If you are unable to come to the meeting and would like to come on the outing, please ring me on the number below.

Community Lottery

The South and East Lincolnshire Lottery is a weekly lottery that raises money for good causes in the areas. Our Forum benefits from every person who signs up and supports us as a good cause. Please look at the website for more details – www.selcplottery.co.uk.

We do hope you can make it for the meeting on 18th May but please do not hesitate to get in touch if you have any other concerns. Please encourage your friends and neighbours, especially those who are alone, to come to our meetings. Please let me know if you no longer wish to receive this newsletter or if you have an email address as this will save on postage. The dates for the main meetings can be found on the website at www.wellandseniorsforum.org.uk.

Kind regards

Maureen Scantlebury

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