

WELLAND SENIORS' FORUM

Newsletter No 102

March 2025

Hello everyone and welcome to our new members.

Next Meeting

Our next meeting will be held on Tuesday, 18th March at 2pm at the United Reformed Church Hall, Pinchbeck Road, PE11 1QD. We have Roseanna from Adult Move Lincolnshire who will do either seated or standing exercises with us. Last year we had Bekki and I know her routine was really enjoyed by us so we have invited Roseanna. Bekki is pregnant and unable therefore to be with us. Our second speaker will be Jo Ireland who is a Community Connector based at Tonic Health. She will tell about her work connecting people who need help to access services and support in the community.

Last Meeting

At our last meeting we had Oonagh Quinn from Healthwatch Lincs who manage the Healthwatch contract in Lincolnshire. She spoke about their need to hear from us about what it is like accessing healthcare services. We also heard from the British Red Cross and the work they do throughout the world. Locally they provide First Aid Courses, work with the Fire Service and will provide clothing, toys and food in the event they are needed.

Christmas Buffet

Our buffet in December was again a great success. 42 of us were given a delightful buffet provided by Rumblings and were then entertained by Alan, the Vintage Singer.

Summer Outing

Our summer outing this year will be on Tuesday, 17th June. At the meeting on 18th March, we will vote on where we will go.

We do hope you can make it for the meeting on 18th March but please do not hesitate to get in touch if you have any other concerns. Please encourage your friends and neighbours, especially those who are alone, to come to our meetings. Please let me know if you no longer wish to receive this newsletter or if you have an email address as this will save on postage. The dates for the main meetings can be found on the website at www.wellandseniorsforum.org.uk.

Kind regards

Maureen Scantlebury

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